QUAN - Qualified United Athletic Network - The Evolution of Sports Performance is Here!

The future is now, for athletes who have big goals and aspirations to take their respective sports performance to new heights of excellence.

Qualified United Athletic Network (QUAN), provides athletes with the unique access to a network of the most qualified professionals in their particular area of sports discipline. This united network of professional trainers, coaches and sports practitioners has effectively created a resource base for athletes who have the desire to accelerate their overall development through assessment and achieve elite level playing status.

The core competencies of QUAN's professional network include:

- Technical Skills
- Tactical
- Flexibility, Balance and Strength
- Aerobic & Anaerobic
- Speed, Agility & Movement
- Body & Physical Health
- Mental & Goal Setting
- Nutrition and Diet

QUAN will be hosting its inaugural **NCAA Soccer Prospect Camp** at Centrefield Sports. This NCAA Prospect Camp will expose athletes to 7 weeks of specific training while providing incredible value through an initial video benchmark assessment. This benchmark assessment is a recognized measure of performance with many NCAA coaches. The initial video assessment will focus on **movement.** There will be 3 training progressions provided that will be instructed, closely monitored and tracked by our qualified staff of trainers. These progressions are effective training tools that athletes can adopt and train on their own to further develop.
Athletes will also be assessed in two additional key measurable areas of recognized performance: **speed and aerobic fitness.**
QUAN's camp staff will included: Shawn Froats, Scott Mueller, Adam Craig, Duane Marino & Carter Walls

NCAA Soccer Prospect Camp Information, Registration & Waiver

Cost: $200.00

Camp Dates: Friday November 4th, 11th, 18th, 25th & December 2, 9 & 16th

Camp Time: 6:30 - 9:00pm

Location: Centrefield Sports, 25 Midpark Crescent, London, ON

Cheques Payable: 32 Panel Sports Ltd

NCAA SOCCER PROSPECT CAMP
REGISTRATION INFORMATION

NAME _____ **DATE OF BIRTH** _____

ADDRESS_____ **POSTAL CODE**_____

PHONE_____

PLAYER'S EMAIL ADDRESS_____

PARENTS' NAMES _____ **PARENTS' HOME #** _____

CELL # _____

PARENTS' EMAIL ADDRESS _____

HEALTH CARD # _____

ANY MEDICAL CONDITIONS (eg. Allergies, etc.)_____

PARENTAL / PLAYER'S CONSENT TO PLAY:
I, the undersigned player or parent of the above-named player, do hereby consent and agree that the above named may participate in the NCAA Soccer Prospect Camp hosted by QUAN.
It is agreed that the QUAN assumes no responsibility for injury as a result of such participation or in traveling to or from such participation. It is further agreed that all rules and regulations of facility will be abided by the participant and parents.

If player is under 18, parent needs to sign this form.

_____ _____
Print Name **Signature**

_____
Date